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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Rec** | Introduction to PE | Fundamentals | Ball skills | Games | Dance | Dance |
| Introduction to PE | Fundamentals | Gymnastics | Games | Balls skills | Gymnastics |
| **Y1** | Fundamentals | Ball skills | Dance | Invasion games | Striking and fielding | Net and Wall games |
| Health and Fitness | Sending and Receiving | Target games | Gymnastics | Invasion games | Athletics |
| **Y2** | Health and Fitness | Sending and Receiving | Target games | Invasion games | Striking and fielding | Athletics |
| Ball skills | Target games | Invasion games | Team building | Net and Wall games | Dance  Gymnastics |
| **Y3** | Tag Rugby | Basketball | Hockey | Hockey | Netball | Tennis |
| Health and Fitness | Handball | Gymnastics | Dance | Cricket | Athletics |
| **Y4** | Tag Rugby | Basketball | Basketball/Hockey | Hockey | Netball | Tennis |
| Health and Fitness | Handball | Gymnastics | Dance | Cricket | Athletics |
| **Y5** | Tag Rugby | Netball | Swimming\* | Swimming\* | Swimming\* | Swimming\* |
| Health and Fitness | Basketball | Hockey  Netball | Hockey | Cricket  Gymnastics | Athletics/Tennis  Dance |
| **Y6** | Tag Rugby/Play Leader games | Netball/Basketball | Hockey | Fitness | Cricket | Athletics |
| Swimming\* | Swimming\* | Netball/Basketball | Hockey | Gymnastics | Tennis  Dance |